

# UNITED IS THE WAY™

A gift of \$1/week (\$52 gift) can provide



**one** *child*

a professional dental exam through the Delta Dental Mobile Program to assess oral health and determine the necessary care to maintain optimal dental health.



**ten** *meals*

to seniors and individuals in need through Active Generations' Meals on Wheels Program, ensuring they have access to regular, healthy meals and support in maintaining their well-being.



**two** *hours*

of independent living skills training through Volunteers of America, Dakotas' Axis180 program equipping youth with the tools to live on their own.

A gift of \$2/week (\$104 gift) can provide



**eight** *copies*

of "The Healing Your Grieving Heart Journal for Teens," to adolescents at the end of a group family session through Sad Isn't Bad, to help them navigate their grief journey.



**three** *individuals*

a 30-day bus pass through The Community Outreach, providing them with reliable transportation until they receive their first paycheck.



**five** *kits*

of hygiene products through The Foster Network helping families with newly placed foster children provide essentials for a smooth transition.



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A gift of \$260 (\$5/week, Rising Heart gift) can provide



**five** sessions

of support group for suicide loss survivors through the Helpline Center's Suicide & Crisis Support program which can help individuals navigate grief and potentially reduce their risk of suicide, offering vital support during a difficult time.



**twenty** individuals

at DakotAbilities music therapy four times a month through the Meaningful Day program, providing a valuable opportunity for self-expression and emotional support.



**fifty-two** students

with nutritious meals for one full weekend through Feeding South Dakota's Backpack Program ensuring access to food when school meals are not available.

A gift of \$520 (\$10/week, Heart Club gift) can provide



**five** boxes

of educational toys and books through the Toy Lending Library, available for checkout by local families, helping lay the foundation for children's future success.



**twenty** activities

per participant through FRIENDSLink, an organization that fosters friendships between adults with differing abilities, helping build meaningful relationships that promote confidence and belongingness.



**one** month

of counseling for a survivor at The Compass Center, helping them develop coping strategies and work through the long-term effects of trauma.



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