

# Sioux Empire United Way Services in Your Town

## HUDSON

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**21 older adults** were provided nutritional meals in their homes or in a congregate dining setting, allowing them to maintain a healthy and independent lifestyle through Active Generations.

**2 new parents** received resource booklets, temperament assessments and other resources through Avera McKennan's Success by 6 programs.

**11 boys** participated in Boy Scouts.

**2 youths** attended a safe, supervised, and engaged place that focuses on arts, education, and career development, health and life skills, character and leadership skills, and sports and recreation through Boys & Girls Clubs of the Sioux Empire's Empower Club.

**24 children** received books from Dolly Parton's Imagination Library, a program that provides the opportunity for children 5 years of age and under to receive a book each month.

**1 family** received furniture through the Furniture Mission.

**2 individuals** received referral information through the Helpline Center's 211.

**1 individual** utilized credit counseling through Lutheran Social Services.

**2 adults** who had committed domestic violence were provided with therapy groups that taught safe and healthy relationship skills through Lutheran Social Services' Family Violence Project.

**3 students** were provided professional mental health counseling sessions directly in their school through PATH.

**1 new parent** received information about their child's development and temperament through Sanford Health's Success by 6 program.

