

# POWERING CHANGE

*Thanks to You*

## A gift of \$1/week (\$52 gift) can provide



**two** *individuals*

in crisis with transportation to shelter facility where they will receive immediate crisis intervention support.



**six** *months*

of programming designed to help an adult learn English as their new language, allowing them to communicate and integrate into their community.



**twelve** *weekends*

of nutritious food for one student, ensuring they have enough to eat when food might not be available at home.

## A gift of \$2/week (\$104 gift) can provide



**four** *children*

ages one to four access to their very own toddler bed to sleep in each night.



**six** *cans*

of formula for infants in a child development center providing them proper nutrition as they grow.



**forty-eight** *books*

to children birth to five years old to encourage an early interest in reading and learning.



Sioux Empire United Way



# POWERING CHANGE

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A gift of \$260 (\$5/week, Rising Heart gift) can provide



**one** *infant*

a week of childcare, providing quality care and proper nutrition to support their health & overall development.



**two** *volunteers*

to be fully screened and trained to provide meaningful companionship for an isolated older adult.



**eight** *months*

of phone service to allow victims of domestic abuse and violence access to a 24-hour crisis hotline.

A gift of \$520 (\$10/week, Heart Club gift) can provide



**twenty-four** *cartons*

of naloxone (Narcan), a life-saving medication capable of reversing twenty-four drug overdoses for individuals in our community.



**eight-week** *session*

of horse therapy for a person with disabilities who cannot afford activities to support personal growth, relationship-building, and well-being.



**fifty** *rides*

for children and adults to visit an eye doctor, where they can receive essential vision care, a crucial step in promoting a healthy life.



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